

## HEAT SCHEDULE

### Event #1: "Sled Hill" – Cottonmill Park – 25:00 minute cap w/ 30:00 minute heats

#### 8:00am: 8 Scaled Women

1. Nike & Nemesis	Jen Dionne	Amariah Dionne	Official Fitness Windsor
2. Buns and Guns	Tiffany Mayland	Stephanie Nelson	Independent
3. Tight Butts & Thick Thighs	Ayla Archer	Hannah Archer	CrossFit Phos
4. Team JK	Kayla Huizing	Jacquelyn Jacobsma	CrossFit Phos
5. Buff n Stuff	Kaylee Grieser	Rachel Gibbs	Kearney CrossFit
6. Weights Before Dates	Amber Hallberg	Hailey Schademann	Kearney CrossFit
7. Mikesdottirs	Hallee Cronin	Alyssa Chase	CrossFit Phos
8. IronBourne JV	Paula Sandquist	Karlin Walmsley	IronBourne Fitness

#### 8:30am: 6 Intermediate Women & 2 RX Women

7. Nasty Gals	Amber Miller	Kelsey Dory	Independent
8. Rick & Gail	Abigail Lauters	Whitney Stithem	CrossFit Ground Up
9. Tatted Twins	Nicole Malzacher	Crystal Vigil	Kearney CrossFit
10. Scott's Tots	Nicolette Stapp	Deanna Garcia	CrossFit Colby
11. Thigh of the Tiger	Molly Reger	Bernice Alarcon	Kearney CrossFit
14. Vintage Whine	Kristi Harlan	BJ Hanger	Kearney CrossFit
1. All Pain, No Gain	Audrianna Krajewski	Haley Soester	Independent
2. Stranger Things	Taylor Warren	Barb Smith	K//CF & Ground Up

#### 9:00am: 6 Intermediate Women

1. Covid Weak	Shannon Keller	Amy Penry	Independent
2. Viselandic	Jessica Howell	Trista Kunce	CrossFit Vise Downtown
3. Co Pilots	Drew Morrow	Morgan Seger	Kearney CrossFit
4. The Tortoise & The Hare	Tiffani Arndt	Brittani Wiseman	CrossFit Ground Up
5. Small & Tall	Alice Bright	Emilee Moore	K//CF & Controlled Chaos
6. IronBourne Girl Gang	Chelsea Wickard	Amanda Tinklin	IronBourne Fitness
12. Vise Claws	Melinda Schultz	Sarah Fiellman	CrossFit Vise
13. Squat Squashers	Theresa Brodeur	Emilie Brede	CFL

#### 9:30am: 4 Masters Men & 2 Intermediate Men and 1 Scaled Men

1. Prestige Worldwide	Monty Stapp	Mike Karnes	CrossFit Colby
2. WOD Did We Get Ourselves Into	Ryan Kennedy	Mike Pohl	Kearney CrossFit
3. 2-134 Infantry Battalion	Nate Krcilek	Ted Hanger	DTO CrossFit
4. 85.5 Degrees	Jay Guerber	Ryan Dennhardt	CFL
9. Hairy One & Two	Billy Kouns	Chad Jones	CrossFit Phos
10. Vise Claws 2	Hugo Estes	Cody Kempf	CrossFit Vise
2. Chip & Dale	Matt Bliemeister	Shane Larsen	IronBourne Fitness

#### 10:00am: 8 Intermediate Men

1. Catanimals	Bernard Lawton	Malcolm Burke	Independent
2. Barbells & Snapbacks	Luke Smidt	Albert Huizing	Independent
3. Trevor's Daughters	Jacob Larsen	Sam Engberg	Kearney CrossFit
4. Shoulda Scale	Jake Zigler	Javier Beltran	Independent
5. B & M	Brian Krajewski	Mitchell Hunt	Kearney CrossFit
6. Rick & Morty	Jared Kallio	Griffin Bailey	RPE Strength
7. Flying Space Monkeys	Josh Thompson	Vinnie Martin	Kearney CrossFit
8. IronBourne	Cory Tinklin	Freeman Sanquist	IronBourne Fitness

**10:30am: 6 RX Men**

1. B-ELITE Black	Steve Lucchino	Tony Lauters	Non Affiliated
2. Shake N' Bake	Jordan Barboza	Matthew Livergood	Independent
3. Smedium & Large	Justin Lindra	Cameron Kolling	CrossFit Controlled Chaos
4. #Cancel Cardio	Drew Broers	Eric Kolcun	IronBourne Fitness
5. Full Send	Loren Peterson	Logan Clevenger	Independent
6. Rusty Thrusters	Jaxon Babb	Joe Letellier	CrossFit Phos West

**Event #2: "Double Black Diamond" – Kearney CrossFit – 5:00 minute cap w/ 10:00 minute heats****7:52am: 1 Intermediate Men**

10. Vise Claws 2	Hugo Estes	Cody Kempf	CrossFit Vise
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**8:00am: 2 Men Masters**

1. Prestige Worldwide	Monty Stapp	Mike Karnes	CrossFit Colby
2. WOD Did We Get Ourselves Into	Ryan Kennedy	Mike Pohl	Kearney CrossFit

**8:08am: 2 Men Masters**

3. 2-134 Infantry Battalion	Nate Krcilek	Ted Hanger	DTO CrossFit
4. 85.5 Degrees	Jay Guerber	Ryan Dennhardt	CFL

**8:16am: 2 Scaled Men**

1. Hairy One & Two	Billy Kouns	Chad Jones	CrossFit Phos
2. Chip & Dale	Matt Bliemeister	Shane Larsen	IronBourne Fitness

**8:24am: 2 Intermediate Men**

1. Catanimals	Bernard Lawton	Malcolm Burke	Independent
2. Barbells & Snapbacks	Luke Smidt	Albert Huizing	Independent

**8:32am: 2 Intermediate Men**

3. Trevor's Daughters	Jacob Larsen	Sam Engberg	Kearney CrossFit
4. Shoulda Scale	Jake Zigler	Javier Beltran	Independent

**8:40am: 2 Intermediate Men**

5. B & M	Brian Krajewski	Mitchell Hunt	Kearney CrossFit
6. Rick & Morty	Jared Kallio	Griffin Bailey	RPE Strength

**8:48am: 2 Intermediate Men**

7. Flying Space Monkeys	Josh Thompson	Vinnie Martin	Kearney CrossFit
8. IronBourne	Cory Tinklin	Freeman Sanquist	IronBourne Fitness

**8:56am: 2 RX Men**

1. B-ELITE Black	Steve Lucchino	Tony Lauters	Non Affiliated
2. Shake N' Bake	Jordan Barboza	Matthew Livergood	Independent

**9:04am: 2 RX Men**

3. Smedium & Large	Justin Lindra	Cameron Kolling	CrossFit Controlled Chaos
4. #Cancel Cardio	Drew Broers	Eric Kolcun	IronBourne Fitness

**9:12am: 2 RX Men**

5. Full Send	Loren Peterson	Logan Clevenger	Independent
6. Rusty Thrusters	Jaxon Babb	Joe Letellier	CrossFit Phos West

**9:20am: 2 Scaled Women**

1. Nike & Nemesis	Jen Dionne	Amariah Dionne	Official Fitness Windsor
2. Buns and Guns	Tiffany Mayland	Stephanie Nelson	Independent

**9:28am: 2 Scaled Women**

3. Tight Butts & Thick Thighs	Ayla Archer	Hannah Archer	CrossFit Phos
4. Team JK	Kayla Huizing	Jacquelyn Jacobsma	CrossFit Phos

**9:36am: 2 Scaled Women**

5. Buff n Stuff	Kaylee Grieser	Rachel Gibbs	Kearney CrossFit
6. Weights Before Dates	Amber Hallberg	Hailey Schademann	Kearney CrossFit

**9:44am: 2 Scaled Women**

7. Mikesdottirs	Hallee Cronin	Alyssa Chase	CrossFit Phos
8. IronBourne JV	Paula Sandquist	Karlin Walmsley	IronBourne Fitness

**9:52am: 2 Intermediate Women**

7. Nasty Gals	Amber Miller	Kelsey Dory	Independent
8. Rick & Gail	Abigail Lauters	Whitney Stithem	CrossFit Ground Up

**10:00am: 2 Intermediate Women**

9. Tatted Twins	Nicole Malzacher	Crystal Vigil	Kearney CrossFit
10. Scott's Tots	Nicolette Stapp	Deanna Garcia	CrossFit Colby

**10:08am: 2 Intermediate Women**

11. Thigh of the Tiger	Molly Reger	Bernice Alarcon	Kearney CrossFit
14. Vintage Whine	Kristi Harlan	BJ Hanger	Kearney CrossFit

**10:16am: 2 RX Women**

1. All Pain, No Gain	Audrianna Krajewski	Haley Soester	Independent
2. Stranger Things	Taylor Warren	Barb Smith	K//CF & Ground Up

**10:24am: 2 Intermediate Women**

1. Covid Weak	Shannon Keller	Amy Penry	Independent
2. Viselandic	Jessica Howell	Trista Kunce	CrossFit Vise Downtown

**10:32am: 2 Intermediate Women**

3. Co Pilots	Drew Morrow	Morgan Seger	Kearney CrossFit
4. The Tortoise & The Hare	Tiffani Arndt	Brittani Wiseman	CrossFit Ground Up

**10:40am: 2 Intermediate Women Teams**

5. Small & Tall	Alice Bright	Emilee Moore	K//CF & Controlled Chaos
6. IronBourne Girl Gang	Chelsea Wickard	Amanda Tinklin	IronBourne Fitness

**10:48am: 2 Intermediate Women Teams**

12. Vise Claws	Melinda Schultze	Sarah Fiellman	CrossFit Vise
13. Squat Squashers	Theresa Brodeur	Emilie Brede	CFL

**Event #3: "Grabel" - Kearney CrossFit – 11:00 minute cap w/ 16:00 minute heats****11:30am: 6 Scaled Women**

1. Nike & Nemesis	Jen Dionne	Amariah Dionne	Official Fitness Windsor
2. Buns and Guns	Tiffany Mayland	Stephanie Nelson	Independent
3. Tight Butts & Thick Thighs	Ayla Archer	Hannah Archer	CrossFit Phos
4. Team JK	Kayla Huizing	Jacquelyn Jacobsma	CrossFit Phos
5. Buff n Stuff	Kaylee Grieser	Rachel Gibbs	Kearney CrossFit
6. Weights Before Dates	Amber Hallberg	Hailey Schademann	Kearney CrossFit

**11:46am: 2 Scaled Women & 2 Intermediate Women & 2 RX Women**

7. Mikesdottirs	Hallee Cronin	Alyssa Chase	CrossFit Phos
8. IronBourne JV	Paula Sandquist	Karlin Walmsley	IronBourne Fitness
1. All Pain, No Gain	Audrianna Krajewski	Haley Soester	Independent
2. Stranger Things	Taylor Warren	Barb Smith	K//CF & Ground Up
12. Vise Claws	Melinda Schultze	Sarah Fiellman	CrossFit Vise
13. Squat Squashers	Theresa Brodeur	Emilie Brede	CFL

**12:02pm: 6 Intermediate Women**

7. Nasty Gals	Amber Miller	Kelsey Dory	Independent
8. Rick & Gail	Abigail Lauters	Whitney Stithem	CrossFit Ground Up
9. Tatted Twins	Nicole Malzacher	Crystal Vigil	Kearney CrossFit
10. Scott's Tots	Nicolette Stapp	Deanna Garcia	CrossFit Colby
11. Thigh of the Tiger	Molly Reger	Bernice Alarcon	Kearney CrossFit
14. Vintage Whine	Kristi Harlan	BJ Hanger	Kearney CrossFit

**12:18pm: 6 Intermediate Women**

1. Covid Weak	Shannon Keller	Amy Penry	Independent
2. Viselandic	Jessica Howell	Trista Kunce	CrossFit Vise Downtown
3. Co Pilots	Drew Morrow	Morgan Seger	Kearney CrossFit
4. The Tortoise & The Hare	Tiffani Arndt	Brittani Wiseman	CrossFit Ground Up
5. Small & Tall	Alice Bright	Emilee Moore	K//CF & Controlled Chaos
6. IronBourne Girl Gang	Chelsea Wickard	Amanda Tinklin	IronBourne Fitness

**12:34pm: 4 Masters Men & 1 Scaled Men**

1. Prestige Worldwide	Monty Stapp	Mike Karnes	CrossFit Colby
2. WOD Did We Get Ourselves Into	Ryan Kennedy	Mike Pohl	Kearney CrossFit
3. 2-134 Infantry Battalion	Nate Krcilek	Ted Hanger	DTO CrossFit
4. 85.5 Degrees	Jay Guerber	Ryan Dennhardt	CFL
1. Chip & Dale	Matt Bliemeister	Shane Larsen	IronBourne Fitness

**12:50pm: 5 Intermediate Men**

1. Catanimals	Bernard Lawton	Malcolm Burke	Independent
2. Barbells & Snapbacks	Luke Smidt	Albert Huizing	Independent
3. Trevor's Daughters	Jacob Larsen	Sam Engberg	Kearney CrossFit
4. Shoulda Scale	Jake Zigler	Javier Beltran	Independent
9. Hairy One & Two	Billy Kouns	Chad Jones	CrossFit Phos

**1:06pm: 5 Intermediate Men**

5. B & M	Brian Krajewski	Mitchell Hunt	Kearney CrossFit
6. Rick & Morty	Jared Kallio	Griffin Bailey	RPE Strength
7. Flying Space Monkeys	Josh Thompson	Vinnie Martin	Kearney CrossFit
8. IronBourne	Cory Tinklin	Freeman Sanquist	IronBourne Fitness
10. Vise Claws 2	Hugo Estes	Cody Kempf	CrossFit Vise

**1:22pm: 6 RX Men**

1. B-ELITE Black	Steve Lucchino	Tony Lauters	Non Affiliated
2. Shake N' Bake	Jordan Barboza	Matthew Livergood	Independent
3. Smedium & Large	Justin Lindra	Cameron Kolling	CrossFit Controlled Chaos
4. #Cancel Cardio	Drew Broers	Eric Kolcun	IronBourne Fitness
5. Full Send	Loren Peterson	Logan Clevenger	Independent
6. Rusty Thrusters	Jaxon Babb	Joe Letellier	CrossFit Phos West

**Event #4: "Nitrous" - Kearney CrossFit – 3:00 minute cap w/ 8:00 minute heats****1:30pm: 6 Scaled Women**

1. Nike & Nemesis	Jen Dionne	Amariah Dionne	Official Fitness Windsor
2. Buns and Guns	Tiffany Mayland	Stephanie Nelson	Independent
3. Tight Butts & Thick Thighs	Ayla Archer	Hannah Archer	CrossFit Phos
4. Team JK	Kayla Huizing	Jacquelyn Jacobsma	CrossFit Phos
5. Buff n Stuff	Kaylee Grieser	Rachel Gibbs	Kearney CrossFit
6. Weights Before Dates	Amber Hallberg	Hailey Schademann	Kearney CrossFit

**1:38pm: 2 Scaled Women & 2 Intermediate Women & 2 RX Women**

7. Mikesdottirs	Hallee Cronin	Alyssa Chase	CrossFit Phos
8. IronBourne JV	Paula Sandquist	Karlin Walmsley	IronBourne Fitness
1. All Pain, No Gain	Audrianna Krajewski	Haley Soester	Independent
2. Stranger Things	Taylor Warren	Barb Smith	K//CF & Ground Up
12. Vise Claws	Melinda Schultze	Sarah Fiellman	CrossFit Vise
13. Squat Squashers	Theresa Brodeur	Emilie Brede	CFL

**1:46pm: 6 Intermediate Women**

7. Nasty Gals	Amber Miller	Kelsey Dory	Independent
8. Rick & Gail	Abigail Lauters	Whitney Stithem	CrossFit Ground Up
9. Tatted Twins	Nicole Malzacher	Crystal Vigil	Kearney CrossFit
10. Scott's Tots	Nicolette Stapp	Deanna Garcia	CrossFit Colby
11. Thigh of the Tiger	Molly Reger	Bernice Alarcon	Kearney CrossFit
14. Vintage Whine	Kristi Harlan	BJ Hanger	Kearney CrossFit

**1:54pm: 6 Intermediate Women**

1. Covid Weak	Shannon Keller	Amy Penry	Independent
2. Viselandic	Jessica Howell	Trista Kunce	CrossFit Vise Downtown
3. Co Pilots	Drew Morrow	Morgan Seger	Kearney CrossFit
4. The Tortoise & The Hare	Tiffani Arndt	Brittani Wiseman	CrossFit Ground Up
5. Small & Tall	Alice Bright	Emilee Moore	K//CF & Controlled Chaos
6. IronBourne Girl Gang	Chelsea Wickard	Amanda Tinklin	IronBourne Fitness

**2:02pm: 4 Masters Men & 1 Scaled Men**

1. Prestige Worldwide	Monty Stapp	Mike Karnes	CrossFit Colby
2. WOD Did We Get Ourselves Into	Ryan Kennedy	Mike Pohl	Kearney CrossFit
3. 2-134 Infantry Battalion	Nate Krcilek	Ted Hanger	DTO CrossFit
4. 85.5 Degrees	Jay Guerber	Ryan Dennhardt	CFL
1. Chip & Dale	Matt Bliemeister	Shane Larsen	IronBourne Fitness

### 2:10pm: 5 Intermediate Men

1. Catanimals	Bernard Lawton	Malcolm Burke	Independent
2. Barbells & Snapbacks	Luke Smidt	Albert Huizing	Independent
3. Trevor's Daughters	Jacob Larsen	Sam Engberg	Kearney CrossFit
4. Shoulda Scale	Jake Zigler	Javier Beltran	Independent
9. Hairy One & Two	Billy Kouns	Chad Jones	CrossFit Phos

### 2:18pm: 5 Intermediate Men

5. B & M	Brian Krajewski	Mitchell Hunt	Kearney CrossFit
6. Rick & Morty	Jared Kallio	Griffin Bailey	RPE Strength
7. Flying Space Monkeys	Josh Thompson	Vinnie Martin	Kearney CrossFit
8. IronBourne	Cory Tinklin	Freeman Sanquist	IronBourne Fitness
10. Vise Claws 2	Hugo Estes	Cody Kempf	CrossFit Vise

### 2:26pm: 6 RX Men

1. B-ELITE Black	Steve Lucchino	Tony Lauters	Non Affiliated
2. Shake N' Bake	Jordan Barboza	Matthew Livergood	Independent
3. Smedium & Large	Justin Lindra	Cameron Kolling	CrossFit Controlled Chaos
4. #Cancel Cardio	Drew Broers	Eric Kolcun	IronBourne Fitness
5. Full Send	Loren Peterson	Logan Clevenger	Independent
6. Rusty Thrusters	Jaxon Babb	Joe Letellier	CrossFit Phos West

### Events #5: "AAB" - Kearney CrossFit – 12:00 minute cap w/ 17:00 minute heats

### 2:45pm: 6 Scaled Women

1. Nike & Nemesis	Jen Dionne	Amariah Dionne	Official Fitness Windsor
2. Buns and Guns	Tiffany Mayland	Stephanie Nelson	Independent
3. Tight Butts & Thick Thighs	Ayla Archer	Hannah Archer	CrossFit Phos
4. Team JK	Kayla Huizing	Jacquelyn Jacobsma	CrossFit Phos
5. Buff n Stuff	Kaylee Grieser	Rachel Gibbs	Kearney CrossFit
6. Weights Before Dates	Amber Hallberg	Hailey Schademann	Kearney CrossFit

### 3:02pm: 2 Scaled Women & 2 Intermediate Women & 2 RX Women

7. Mikesdottirs	Hallee Cronin	Alyssa Chase	CrossFit Phos
8. IronBourne JV	Paula Sandquist	Karlin Walmsley	IronBourne Fitness
1. All Pain, No Gain	Audrianna Krajewski	Haley Soester	Independent
2. Stranger Things	Taylor Warren	Barb Smith	K//CF & Ground Up
12. Vise Claws	Melinda Schultze	Sarah Fiellman	CrossFit Vise
13. Squat Squashers	Theresa Brodeur	Emilie Brede	CFL

### 3:19pm: 6 Intermediate Women

7. Nasty Gals	Amber Miller	Kelsey Dory	Independent
8. Rick & Gail	Abigail Lauters	Whitney Stithem	CrossFit Ground Up
9. Tatted Twins	Nicole Malzacher	Crystal Vigil	Kearney CrossFit
10. Scott's Tots	Nicolette Stapp	Deanna Garcia	CrossFit Colby
11. Thigh of the Tiger	Molly Reger	Bernice Alarcon	Kearney CrossFit
14. Vintage Whine	Kristi Harlan	BJ Hanger	Kearney CrossFit

### 3:36pm: 6 Intermediate Women

1. Covid Weak	Shannon Keller	Amy Penry	Independent
2. Viselandic	Jessica Howell	Trista Kunce	CrossFit Vise Downtown
3. Co Pilots	Drew Morrow	Morgan Seger	Kearney CrossFit
4. The Tortoise & The Hare	Tiffani Arndt	Brittani Wiseman	CrossFit Ground Up
5. Small & Tall	Alice Bright	Emilee Moore	K//CF & Controlled Chaos
6. IronBourne Girl Gang	Chelsea Wickard	Amanda Tinklin	IronBourne Fitness

### 3:53pm: 4 Masters Men & 1 Scaled Men

1. Prestige Worldwide	Monty Stapp	Mike Karnes	CrossFit Colby
2. WOD Did We Get Ourselves Into	Ryan Kennedy	Mike Pohl	Kearney CrossFit
3. 2-134 Infantry Battalion	Nate Krcilek	Ted Hanger	DTO CrossFit
4. 85.5 Degrees	Jay Guerber	Ryan Dennhardt	CFL
1. Chip & Dale	Matt Bliemeister	Shane Larsen	IronBourne Fitness

### 4:10pm: 5 Intermediate Men

1. Catanimals	Bernard Lawton	Malcolm Burke	Independent
2. Barbells & Snapbacks	Luke Smidt	Albert Huizing	Independent
3. Trevor's Daughters	Jacob Larsen	Sam Engberg	Kearney CrossFit
4. Shoulda Scale	Jake Zigler	Javier Beltran	Independent
9. Hairy One & Two	Billy Kouns	Chad Jones	CrossFit Phos

### 4:27pm: 5 Intermediate Men

5. B & M	Brian Krajewski	Mitchell Hunt	Kearney CrossFit
6. Rick & Morty	Jared Kallio	Griffin Bailey	RPE Strength
7. Flying Space Monkeys	Josh Thompson	Vinnie Martin	Kearney CrossFit
8. IronBourne	Cory Tinklin	Freeman Sanquist	IronBourne Fitness
10. Vise Claws 2	Hugo Estes	Cody Kempf	CrossFit Vise

### 4:44pm: 6 RX Men

1. B-ELITE Black	Steve Lucchino	Tony Lauters	Non Affiliated
2. Shake N' Bake	Jordan Barboza	Matthew Livergood	Independent
3. Smedium & Large	Justin Lindra	Cameron Kolling	CrossFit Controlled Chaos
4. #Cancel Cardio	Drew Broers	Eric Kolcun	IronBourne Fitness
5. Full Send	Loren Peterson	Logan Clevenger	Independent
6. Rusty Thrusters	Jaxon Babb	Joe Letellier	CrossFit Phos West

### Events #6: "Throwback" - Kearney CrossFit – 10:00 minute cap w/ 15:00 minute heats

#### 5:15pm: BOTTOM 4 Scaled Women

#### 5:30pm: TOP 4 Scaled Women & 2 RX Women

#### 5:45pm: BOTTOM 7 Intermediate Women

#### 6:00pm: TOP 7 Intermediate Women

### 6:15pm: 4 Masters Men & 1 Scaled Men

1. Prestige Worldwide	Monty Stapp	Mike Karnes	CrossFit Colby
2. WOD Did We Get Ourselves Into	Ryan Kennedy	Mike Pohl	Kearney CrossFit
3. 2-134 Infantry Battalion	Nate Krcilek	Ted Hanger	DTO CrossFit
4. 85.5 Degrees	Jay Guerber	Ryan Dennhardt	CFL
1. Chip & Dale	Matt Bliemeister	Shane Larsen	Independent

### 6:30pm: BOTTOM 4 Intermediate Men

- 1.
- 2.
- 3.
- 4.

**6:45pm: TOP 6 Intermediate Men**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

**7:00pm: 6 RX Men**

1. B-ELITE Black	Steve Lucchino	Tony Lauters	Non Affiliated
2. Shake N' Bake	Jordan Barboza	Matthew Livergood	Independent
3. Smedium & Large	Justin Lindra	Cameron Kolling	CrossFit Controlled Chaos
4. #Cancel Cardio	Drew Broers	Eric Kolcun	IronBourne Fitness
5. Full Send	Loren Peterson	Logan Clevenger	Independent
6. Rusty Thrusters	Jaxon Babb	Joe Letellier	CrossFit Phos West

**7:30pm – Awards and Prizes @ Kearney CrossFit**

